

Report on National Sports Day Run 2026

Date: 29 August 2026

Event: National Sports Day 4 KM Run

Starting Time: 8:00 AM

Organised by: Sports Sub-Committee, Department of Physical Education and NSS Unit with the assistance of IQAC, Sovarani Memorial College.

Number of Participants: 22 students

Route: College Front Gate-Howrah Krishi Vigyan Kendra-College Back Gate

On 29th of August 2026, Sovarani Memorial college organised a 4-kilometre run to celebrate National Sports Day. The college organises this event every year to celebrate the day. The event was organised by the Sports Sub-Committee, Department of Physical Education and NSS Unit, with the assistance of the IQAC of the college. National Sports Day is celebrated on 29 August every year in India. It is also the birth anniversary of the great Indian hockey player Major Dhyan Chand. We organised the run to celebrate this day and at the same time, to encourage our students to take part in physical activities and develop a healthy lifestyle.

1. The programme began with the offering of garlands to the statues of the college's founder the Revered Late Satya Narayan Khan, and his wife the Revered Late Sovarani Devi, followed by a tribute at the Martyrs' Memorial of Shaheed Gangadhar Dalui.



1.1 Dr. Sanjib Thapa and Dr. Subendu Bhowmick garlanding the statues of Satya Narayan Khan and Sovarani Devi, respectively.



1.2 Mr. Abiral Subba offering a floral tribut to Shaheed Gangadhar Dalui, who was martyred in the Uri terror attack.

After that, a garland was respectfully offered to the photograph of Major Dhyan Chand. The ceremonial lamp was then lit to mark the beginning of the event.



1.3 Garlanding of Major Dhyan Chand, followed by the lighting of the ceremonial lamp.

2. Before the run started, we observed one minute of silence in memory of the victims of the flash flood tragedy that occurred in Nepal on 26 August 2026.



2.1 Observing one minute of silence in memory of the victims of the Nepal flash flood tragedy.

As the participants had to run along a main road, we gave them some safety instructions before the run. They were asked to be careful while running and to follow the instructions given by the volunteers. They were also told to inform the volunteers immediately if they faced any problem. Volunteers were placed at different points along the route to help the participants. We are thankful to the Jagatballavpur Police Station and Jagatballavpur Rural Hospital for their support. Police personnel were present to help manage the route and ensure the safety of the participants. The medical team was also present during the run to provide medical help if required.



2.2 Police and medical teams supporting the National Sports Day Run.

3. The run started from the college premises at 8:22 AM. The participants ran from the college to Howrah Krishi Vigyan Kendra, which is about 2 kilometres away. It was the turning point of the run. From there, the participants returned to the college, making the total distance 4 kilometres.



3.1 Group photograph of students before the start of the run.



3.2 Start of the 4 km Run from the college premises.

4. Among the male participants, Kuntal Malik secured the first position and completed the run in 17 minutes 22 seconds. Chinmoy Bhowal secured the second position, crossing the finish line in 18 minutes 43 seconds, while Depon Pal secured the third position and completed the run in 21 minutes 29 seconds.



4.1 Kuntal Malik (BIB-101) completing the National Sports Day run 2026

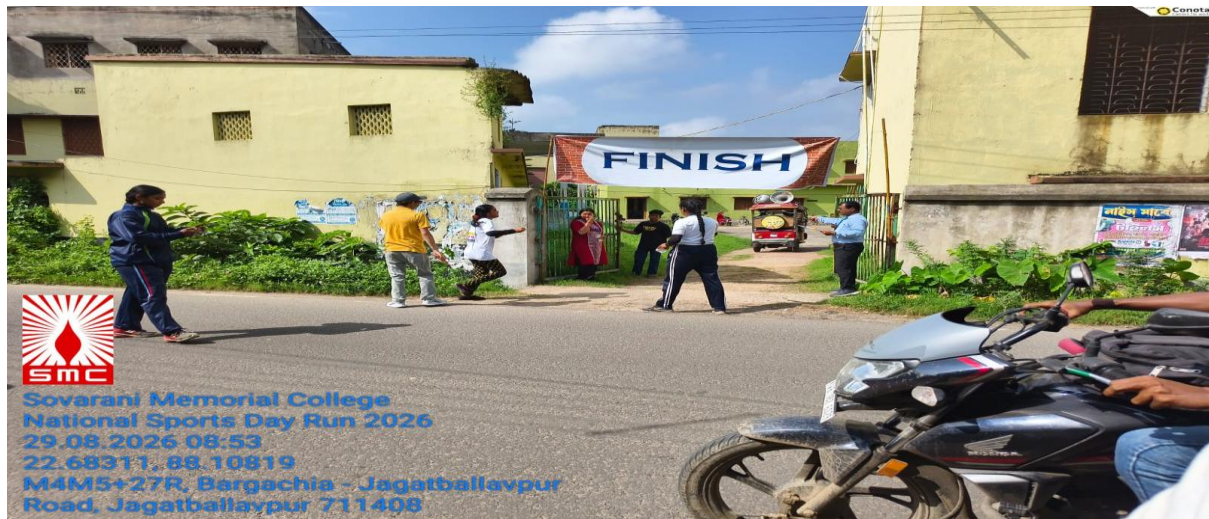


4.2 Chinmoy Bhowal (BIB-106) completing the National Sports Day run 2026

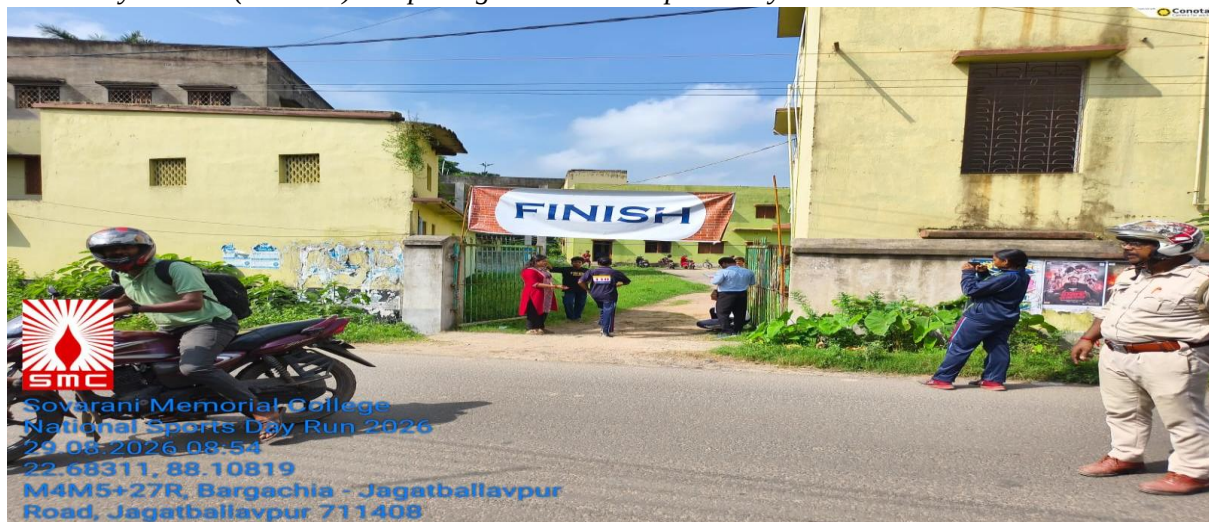


4.3 Chinmoy Bhowal (BIB-107) completing the National Sports Day run 2026

5. Among the female participants, Beauty Khatun secured the first position and crossed the finish line in 30 minutes 15 seconds. Mallika Ghorui secured the second position, completing the run in 31 minutes 47 seconds and Pinki Roy secured the third position and completed the run in 34 minutes 8 seconds.



5.1 Beauty Khatun (BIB-119) completing the National Sports Day run 2026



5.2 Mallika Ghorui (BIB-110) completing the National Sports Day run 2026



5.3 Pinki Roy (BIB-113) completing the National Sports Day run 2026

6. A total of 22 students from different semesters took part in the run, including 15 female students and 7 male students. Three participants in the men's category and three participants in the women's category secured the first, second and third positions, respectively.

SOVARANI MEMORIAL COLLEGE NATIONAL SPORTS DAY RUN 29th August 2026 Org.: Department of Physical Education, NSS Unit & Sports Committee				
GROUP: WOMEN				
Sl. No.	Name of the Students	BIB	Class	Semester
1	AZIZA SULTANAH	108	3 Year B. Sc.	I
2	JYOTI SAMANTA	109	4 Year B. A.	I
3	MALLIKA GHORUI	110	4 Year B. A.	II
4	JASMIN MIDYA	111	4 Year B. A.	I
5	RAKHIBA KHATUN	112	3 Year B. A.	II
6	PINKI ROY	113	3 Year B. A.	II
7	PRIYANKA BAG	114	4 Year B. A.	IV
8	SONALI PANDIT	115	4 Year B. A.	IV
9	KRISHNA KAR	116	4 Year B. A.	IV
10	KABERI KAR	117	4 Year B. A.	IV
11	ANKITA DAS	118	3 Year B. A.	I
12	BEAUTY KHATUN	119	4 Year B. A.	VI
13	SANCHITA GAR	120	3 Year B. A.	I
14	JAYSREE PANDIT	121	4 Year B. A.	IV
15	PRIY GHOSH	122	4 Year B. A.	VI

SOVARANI MEMORIAL COLLEGE NATIONAL SPORTS DAY RUN 29th August 2026 Org.: Department of Physical Education, NSS Unit & Sports Committee				
GROUP: MEN				
Sl. No.	Name of the Students	BIB	Class	Semester
1	KUNTAL MALIK	101	3 Year B. A.	IV
2	ANISH MAHTRI	102	3 Year B. A.	I
3	SAMRAT KAMUR	103	3 Year B. Sc.	IV
4	SANTANU BANDURI	104	3 Year B. A.	IV
5	SOUVIK NASKAR	105	3 Year B. A.	IV
6	CHINMOY BHOWAL	106	3 Year B. A.	IV
7	DEPON PAL	107	4 Year B. A.	I

6.1 List of 22 student participants

SOVARANI MEMORIAL COLLEGE NATIONAL SPORTS DAY RUN 29th August 2026 Org.: Department of Physical Education, NSS Unit & Sports Committee					
RESULT					
GROUP: MEN					
POSITION	NAME	BIB	CLASS	ROLL	PERFORMANCE
FIRST	KUNTAL MALIK	101	3 Year B. A.	IV	17:22.70
SECOND	CHINMOY BHOWAL	106	3 Year B. A.	IV	18:43.10
THIRD	DEPON PAL	107	4 Year B. A.	I	21:29.90
GROUP: WOMEN					
POSITION	NAME	BIB	CLASS	ROLL	PERFORMANCE
FIRST	BEAUTY KHATUN	119	4 Year B. A.	VI	30:15.10
SECOND	MALLIKA GHORUI	110	4 Year B. A.	II	31:47.40
THIRD	PINKI ROY	113	3 Year B. A.	II	34:08.40
Signature of the Officials:					
Name of the Officials	Signature of the Officials				
DR. SUBHENDU BHOWMICK	Subhendu Bhowmick 29.08.26				
DR. SANJIB THAPA	Sanjib Thapa 29.08.26				
MR. ABIRAL SUBBA	Abiral Subba 29.08.26				

6.2 Result sheet showing the positions and timing of the participants.

The event was supervised and coordinated by the Joint In-Charge of the Sports Sub-Committee and HOD of the Department of Physical Education, Dr. Subendu Bhowmick; the Programme Officer of the NSS Unit and Member of the Sports Sub-Committee, Mr. Abiral Subba, and the In-Charge of the Sports Sub-Committee, Dr. Sanjib Thapa. They also distributed the prizes to the winners and all the participants received certificates for taking part in the run.



6.3 Prize and certificate distribution to Kuntal Malik (1st), Chinmoy Bhowal (2nd) and Depon Pal (3rd)



6.4 Prize and certificate distribution to Beauty Khatun (1st), Mallika Ghorui (2nd) and Pinki Roy (3rd)



6.5 Students holding their certificates

7. A sound system and a Toto vehicle were also arranged for the event. Messages were given to people along the route about the purpose of the run. The message was not only about National Sports Day. We also wanted to encourage young people to spend some time on physical activities. Nowadays, many young people spend a lot of time on mobile phones and social media. Because of this, they often do not get enough time for physical activities. Through this event, we tried to encourage our students and local people to come to the field, walk or run, and spend some time taking care of their health.



7. Spreading awareness about the run and encouraging people to take part in regular physical activities

The National Sports Day Run at Sovarani Memorial College was successfully organised with the active participation of students and the support of teachers, volunteers, police and the medical team. The event encouraged students to take part in physical activities and take care of their health. The main message was simple, taking part is more important than winning and a little physical activity every day can help us stay fit and healthy. We will continue to organise such activities in the future to encourage students to stay active and lead a healthy life.