

DEPARTMENTAL ACTIVITIES

(BOTANY)

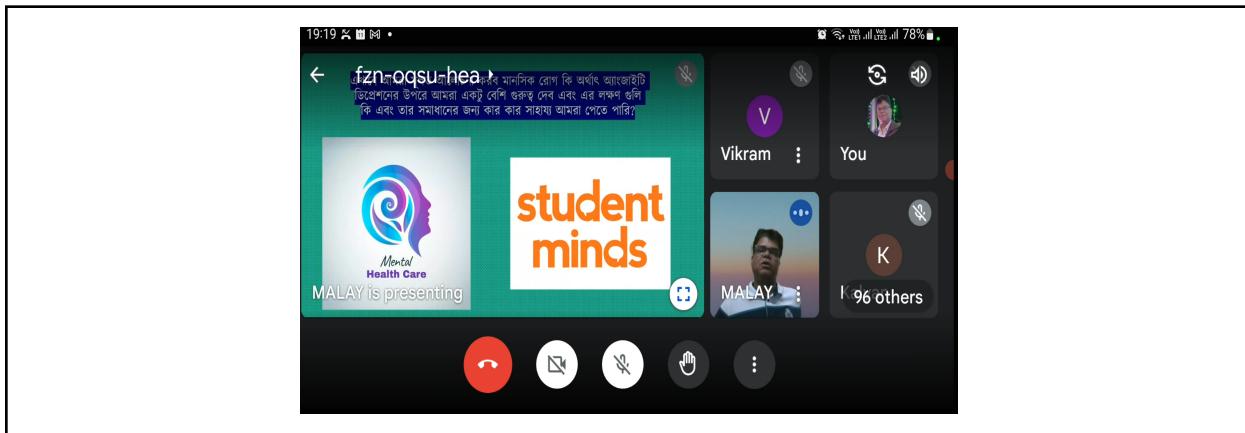
❖ OBSERVATION OF WORLD MENTAL HEALTH AWARENESS DAY

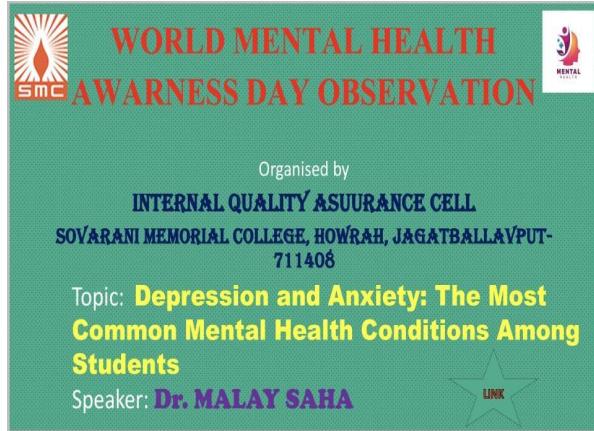
In collaboration with IQAC of College, Dr Malay Saha, Department of Botany delivered an online awareness speech on **“Depression and Anxiety: The Most Common Mental Health Conditions Among Students”** The goal of the mental awareness seminar was to help participants learn about and understand mental health, so that they can better support themselves and others.

Topics covered in the seminar included:

- *What is mental health?*
- *The signs and symptoms of common mental health disorders among college students.*
- *Risk factors for developing mental health problems.*
- *How to get help for oneself or someone else who is struggling with mental health issues?*

Dr. Saha, in his lecture, provided practical tools and resources for coping with mental health challenges. This included information on where to find support, how to take care of oneself, and how to reduce stress. More than 100 participants including college faculty staff and students participated in this seminar and a short interactive session was also conducted.

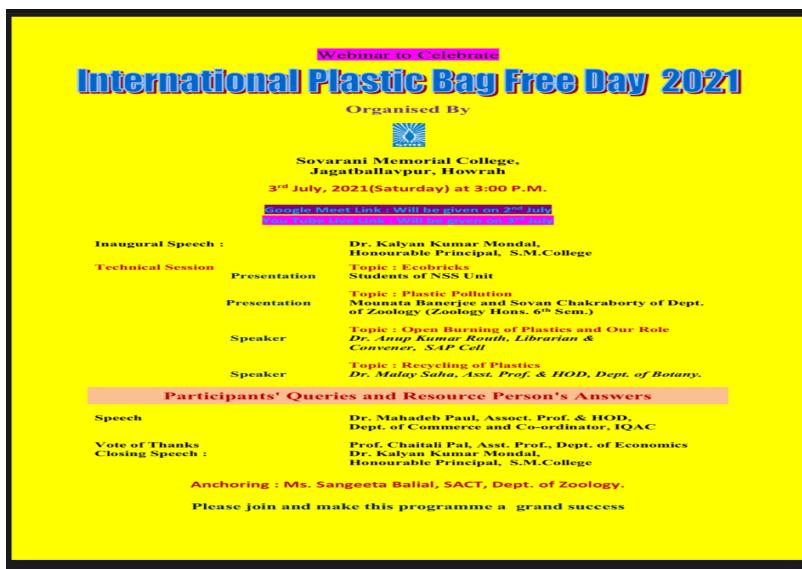




❖ INTERNATIONAL PLASTIC BAG FREE DAY

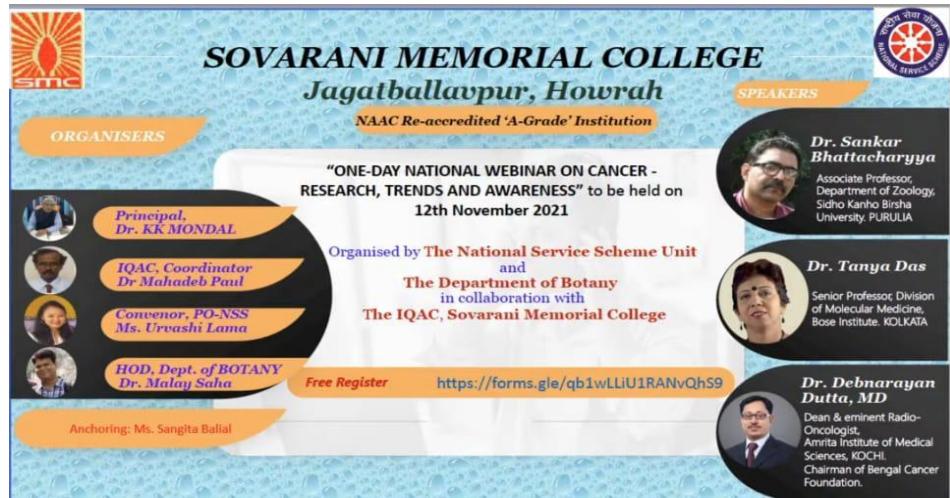
On 3rd July 2021, the IQAC and Central Library of our College organized an online one day awareness program on International Plastic Bag Free Day.

With other eminent speakers, Dr Saha, HOD, Department of Botany delivered a lecture on the topic - ***“Recycling of Plastic - the modern approach”***.



❖ ONE-DAY NATIONAL WEBINAR ON CANCER

The Department of Botany in collaboration with the NSS-Unit and IQAC of the college conducted a webinar titled ***“ONE-DAY NATIONAL WEBINAR ON CANCER - RESEARCH, TRENDS AND AWARENESS”*** on 12th November, 2021. Eminent speakers working in the field of cancer discussed different aspects of this fatal disease. The participants and the speakers shared a very good interactive session after each presentation. The webinar received good feedback from the participants.



❖ DEPARTMENTAL MEETING

The teachers of the department sit together to discuss various issues such as the current status, upcoming programmes and matters related to the students in the departmental meetings.



NOTICE

23.08.22

A meeting of the Department of Botany will be held on 24th August, 2022 (Wednesday) at 01 P.M. in the departmental laboratory to discuss the following agenda.

1. Lesson Plan.
2. Departmental data preparation.
3. Updating teachers' profiles.
4. Student Induction Programme (by mid-September).
5. Orientation Programme for outgoing students (by the end of August).
6. Mentor-Mentee Programme.
7. Educational tour.
8. Taking additional/tutorial classes.
9. Wall magazine.
10. Parent-Teacher Meeting (by September).
11. Students' quiz competition/ seminar (by November).

M. S. D.
23/08/22
HOD

Department of Botany

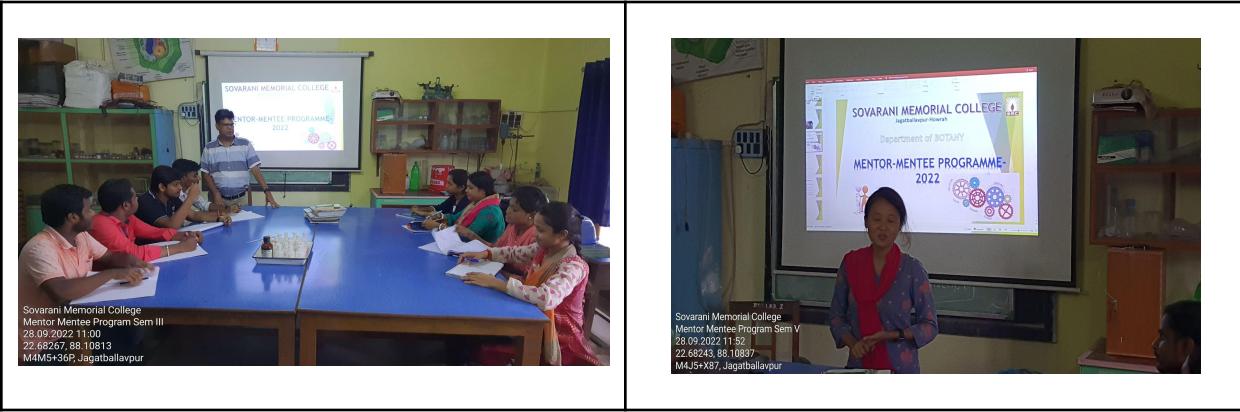
M. S. D.
23/08/22

Principal
Principal
Sovarani Memorial College
Jagatballavpur, Howrah

❖ DEPARTMENTAL MENTOR-MENTEE PROGRAMME

The purpose of mentoring is to connect an individual who has a lot of knowledge and experience with someone who hasn't gained the same knowledge or experience — yet. By having someone who knows more than self sharing advice, offering guidance and being a sounding board for one's thoughts, one stands to benefit from experience beyond their own. Whether in career or life, having a mentor is crucial to all for continued growth and development.

The students were encouraged to interact and share their problems with the teachers so that they would not feel alone in their difficult times. They could come to the teachers to discuss their life goals, higher studies, work, etc.



❖ DEPARTMENTAL INDUCTION PROGRAMME

This programme was specifically conducted for the freshers/new students of Semester I. They were introduced to the faculty of the department. The students were briefed about the course structure, the syllabus, the overall facilities in the department and the college, the extra-curricular activities, opportunities in NSS and NCC, etc.

This programme was meant to help the newcomers feel comfortable and learn about the provisions in college so that they can enjoy as well as develop themselves to their highest potential in their upcoming years in college.



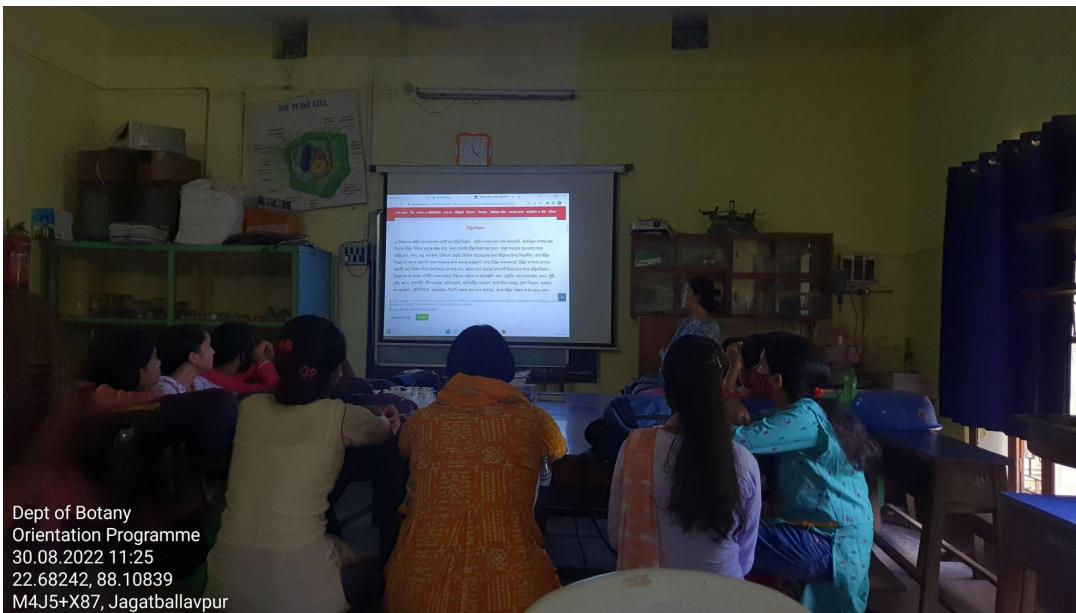


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❖ DEPARTMENTAL ORIENTATION PROGRAMME

This programme was specifically conducted for the passing out students of Semester VI. After college, generally students are confused about the next step. To help them make their decisions wisely, this programme was directed to meet their individual needs.

Additionally, the students were told specifically about various opportunities in the market for people with a Botany background. The new trends of career options and skills that the current job opportunities seek were shared so that every student can find their fit and mark their place in the world making it better.



Dept of Botany
Orientation Programme
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❖ DEPARTMENTAL EDUCATIONAL TOUR

The Department of Botany conducts educational tours and visits as per the requirements of the syllabus. The tours are interesting and live sources of knowledge and experience to the students. The students get to experience local visits of agricultural fields, lakes, Botanical Garden, Horticultural Garden, etc. These help in better understanding of the plant life and their roles in the environment.



